

## **Ontario COVID-19 General Dance Camp Preparation**

IMPORTANT: Please stay at home if you or anyone in your household:

- Is ill or exhibiting any flu, cold, or COVID like symptoms.
- Has traveled out of the country in the past two weeks.

Email [jacqueline@kvdancestudio.ca](mailto:jacqueline@kvdancestudio.ca) to discuss your options for a credit, or rescheduling to another week should you need to withdraw from dance camp.

Please leave non-participating siblings and other family members at home; only bring the child/children who will be participating in the dance camp.

### **Pre - Camp**

Please ensure your child is able to do the following before the start of their dance camp:

- Wash hands with soap and water for 20-30 seconds.
- Cough or sneeze into a tissue or fold of the elbow.
- Avoid touching eyes, nose, and mouth.
- No sharing of food, drinks, or toys with others.
- Stay in their personal space and do not touch others.

### **Check - in**

Steps upon arrival

**(8:45 AM for ages 5 - 7, 9:00 AM for ages 8 - 11)**

1. Meet with a KV Staff waiting at the entrance
2. Use some of the provided hand sanitizer, and queue in our drop-off line(s). Please maintain proper distancing from other parents and kids; there will be markers on the ground.
3. Read the health screen poster before getting to the front of the line. If you or your child answer yes to either of the questions, return home immediately.
4. One of our KV staff members will check you in at the front door, as well as take your child's temperature before entering

5. Your child will proceed into the building and directed studio on their own. No lockers or benches will be allowed for storing. All belongings must fit into one bag.
6. Shoes will be left outside of the dance studio on a designated mat
7. We ask that parents leave the studio as quickly as possible once your child is dropped off or picked up.

### **Check Out**

1. Arrive at your designated camp pick up time (4:45PM - 4:55PM for 5 - 7 year olds, 5:00PM - 5:10PM for 8 - 11 year olds). If you would like to arrange an earlier pick up time, please email [jacqueline@kvdancestudio.ca](mailto:jacqueline@kvdancestudio.ca)
2. Your child will be waiting with their belongings in their studio
3. Upon arrival, a KV Dance Studio staff will be waiting with a walkie-talkie to communicate with the instructors that you have arrived **FROM THE SIDE ENTRANCE OF OUR BUILDING**
4. Your child will exit the building **FROM THE SIDE DOOR** with their belongings.

### **What to Bring**

1. At least two water bottles for your child. We will NOT be allowing children to use water fountains.
2. Two nut free snacks and lunch (please NO NUTS, as we are a nut-aware camp).
3. Small backpack to hold all belongings.
4. Comfortable clothes for a day of physical activity.
5. Face coverings must be worn when not dancing in dance camp. No face coverings will be provided, so please provide your own. We recommend encouraging your dancer to practice wearing their masks prior to the first day of camp.

## **Will the camps be safe?**

The KV Dance team spent the last several months studying the guidelines and creating a robust five part COVID-19 Health and Safety plan for our campers, their caregivers and our instructors. This plan incorporates the recommendations from the regional health authority as well as other guidelines found in other provinces.

*The five key constructs of our plan are:*

- Pre-camp education and communication,
- Health checks for participants and staff,
- Physical distancing methodologies,
- PPE as required by regional health authorities
- Thorough cleaning and sanitizing routines during and after camp.

Our classes are small (generally 5 students to one instructor) and we have devised ways to keep dancers apart like designated squares on the studio floor, as well as to keep camps on separate floors from each other. We have sourced and ordered sanitizing and cleaning supplies, face masks for our instructors where needed, and signage and barriers to keep dancers and their parents appropriately separated from each other.

## **What about gathering limits and face coverings?**

Summer day camps are to operate in consistent of cohorts of 15; multiple cohorts are allowed as long as physical distancing can be maintained. At KV Dance Studio, we will typically be around 10 individuals in each class. Dance camps will remain stable for the week; staff and dancers will not change groups, groups will not mix, and physical distancing will be encouraged for the duration of the camp.

Since camps are stable and there will be enough space at camp for dancers to maintain a proper amount of distance between each other as per the guidelines, face coverings are not a

requirement for the staff or dancers within each dance camp while participating in physical activity.

### **Ottawa Mask / Face Covering Bylaw**

These new bylaws are applicable to indoor (enclosed) spaces only and only those indoor spaces that are open to the public. Face masks will be worn at all times, except for when dancers are participating in dance activity.

<https://www.ottawapublichealth.ca/en/public-health-topics/masks.aspx>

